


Name: _____

SOCIAL EMOTIONAL TIC-TAC-TOE



Do the activity in the middle and then choose two more activities in a row (vertically, horizontally or diagonally) to complete the Tic-Tac-Toe

Write your top 3 wishes and find a place to keep them	Perform a random act of kindness in your class today	Draw a poster of something you want to change in the world
Practice mindful breathing for 5 minutes		Draw a picture of a time when you helped someone
Show how you feel right now, by drawing a picture.	Write a list of what you love most about yourself	Write a thank you note to someone who has changed your life