THE PEER SUPPORT PROGRAM

SECONDARY SCHOOL MANUAL

Includes:
• Peer Leaders’ Training
• Teacher’s Notes & Staff Awareness Raising
• Action sequence for implementation
• Support materials for planning and evaluation

Included in this Manual is an Introductory Module (3 sessions) which focuses on the transition to secondary school and fits well with existing school orientation programs.

RESOURCES AVAILABLE
Schools need a Peer Support Manual and at least one educational Module for their first year. The Manual outlines how the program works and the Modules contain the activities undertaken by students during the peer led sessions. Resources are available to purchase online at the Peer Support website.

SECONDARY SCHOOL MODULES
Each Module contains eight peer led sessions. We suggest that one Module is implemented each year, over the course of a single school Term.

Rethinking Challenges: Resilience
Students develop skills in perseverance, critical thinking, optimism, communication and empathy. Students are encouraged to view challenges as opportunities to push through the limitations they may put on themselves and be open to new possibilities. The module has a strong focus on the influences our thoughts have on the way we view certain experiences. Students are encouraged to adopt open thought about all their experiences.

Behaving With Integrity: Values
Students develop skills in values clarification, relationship building, assertiveness and decision making. Students explore individual and community values within a safe and supportive environment. The core values of respect, responsibility, diversity, inclusion and integrity are incorporated throughout the module.

Strengthening Our Connections: Anti-Bullying
This module is designed to be implemented in conjunction with whole staff training to address the issue of bullying behaviours in a positive way. Skills developed include decision making, problem solving, empathy, assertiveness, relationship building and conflict resolution.

OUTCOMES
• Building positive relationships
• Developing skills
• Enhancing mental health
• Taking personal responsibility
• Embracing lifelong learning
• Developing key concepts
• Encouraging participation

ORDER RESOURCES ONLINE
www.peersupport.edu.au

All prices are listed online. Schools will be invoiced for their purchase once an online order is received. All prices are inclusive of GST and postage.

CONTACT US
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*In South Australia, Peer Leaders are generally Year 10 students and Group Members are generally incoming Year 8 students, starting secondary school for the first time.