Values

“Values are the important ideals and beliefs influencing our decisions and behaviours. They provide a framework to guide us in our interactions with others and in our sense of self. Our values define who we are and give purpose and meaning to our lives.”

Peer Support Australia, 2007

Values education is essential in fostering positive relationships and improving student wellbeing across the school community.

“Values are our personal beliefs which help us choose how to behave and what we think is important.”
Peer Support Australia, 2007

The responsibility of teaching values rests with schools in as much as it does with parents. School communities are significant environments for the socialisation of students into meaningful participants in society.

Schools use values education to build students’ social skills, resilience and sense of responsibility. Key outcomes include empowering students to take risks within safe boundaries and encouraging active participation in the school community.

Professor Lovat, 2006, University of Newcastle, states: “Values education has the potential to go to the very heart of what it is that teachers, schools and education systems are about.”

A Peer Support Program which focuses on values assists students to develop the skills, understandings and knowledge necessary to face challenges in the future and contribute to a socially just society.

Nine core values emerged from the 2003 Values Education Study:
1. Care and Compassion
2. Doing your best
3. Fair go
4. Freedom
5. Honesty and Trustworthiness
6. Integrity
7. Respect
8. Responsibility

Promoting Harmony
This 8 session module supports students to develop the skills, knowledge and attitudes necessary to actively and critically construct shared values.

Promoting Harmony provides students with opportunities to explore values in the context of their school community. This module assists students in defining individual and community values, building relationships and improving decision making skills.

A key element of Promoting Harmony is encouraging students to identify and accept differences amongst people and demonstrate care for others.

Promoting Harmony explores the values of:
- Care
- Respect
- Responsibility
- Fair go

Promoting Harmony focuses on developing skills in:
- values clarification
- relationship building
- assertiveness
- decision making.

Aims of Promoting Harmony:
- identify personal and community values
- develop ways to be responsible
- demonstrate how to care for self and others
- acknowledge and respect the rights of all
- attempt new tasks to the best of our ability
- identify personal and group strengths.