

## IMPLEMENTATION WORKSHOP

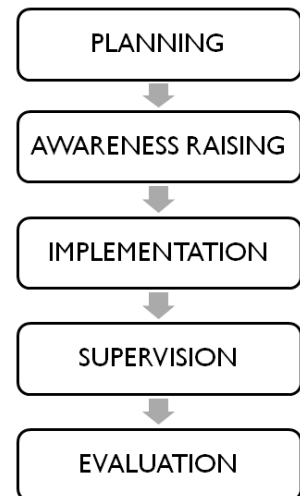
Peer Support Australia offers a one day Implementation Workshop for primary and secondary teachers. After the Workshop, participants will be able to implement and coordinate an effective Peer Support Program and confidently train their Peer Leaders.

### The Workshop includes:

- A whole school approach to building and enhancing positive school culture
- Key underpinnings and impacts of the program
- Understanding research findings regarding the mental health of young people
- A model of best practice for implementing and coordinating an effective and integrated Peer Support Program (*see below*)
- Links to curriculum, policy and other educational initiatives
- An action plan that will assist in the implementation of the Peer Support Program in your school context
- Participation in activities from the Peer Leaders' Training
- Networking and sharing ideas with others

### An effective implementation model recommended by Peer Support Australia includes:

- A leadership training program for Peer Leaders which addresses skills in communication, decision making, problem solving, assertiveness and empathy.
- In primary schools, trained Peer Leaders facilitate 8 x 30 minute sessions with multi-aged groups of 8-10 students.
- In secondary schools, trained Peer Leaders facilitate 8 x 40 minute sessions with groups of 8-10 students from Year 7.



### Support from the Education Consultant for your area\* includes:

- Awareness raising with staff
- Students talks
- Meetings with executive staff
- Parent community talks
- Phone and email support
- Email Newsletter
- In-school planning meetings

\*Conditions apply. Additional travel costs may apply.



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