Peer Support Australia offers a one day Implementation Workshop for primary and secondary teachers at various central locations. After attendance at the Workshop, participants will be able to implement and coordinate an effective Peer Support Program and confidently train their Peer Leaders.

The Workshop includes:
- a whole school approach to building and enhancing a positive school culture
- key underpinnings and impacts of the Program
- understanding research findings regarding the mental health of young people
- a model of best practice for implementing and coordinating an effective and integrated Peer Support Program
- links to curriculum, policy and other educational initiatives
- an action plan that will assist in the implementation of the Peer Support Program in your school context
- current Peer Leaders’ Training
- networking and sharing ideas with others.

Peer Leaders’ Training includes:

Section 1 - Organisation
This section includes information for Coordinating Teachers to prepare for the 2 day Peer Leaders’ Training. It includes a training outline, resource checklist, awareness raising sessions for Facilitating Teachers and Peer Leaders, Parent Information Leaflet and other proformas.

Section 2 - Facilitating Teacher’s Notes
These notes are for the teachers who will be training the Peer Leaders and detail all of the activities, debrief questions and resources required.

Section 3 - Teacher’s Training Masters
This section includes additional templates required for some activities in the Peer Leaders’ Training.

Section 4 - Peer Leader’s Learning Guide
This is where students complete activities and record useful information. Students may use their Learning Guide for reference during the Peer Support sessions.

Model recommended by Peer Support Australia:

- 2 day leadership training program for Peer Leaders which addresses skills such as communication, decision making, problem solving, assertiveness and empathy
- in primary schools, trained Peer Leaders facilitate 8 x 30 minute sessions with multi aged groups of 8-10 students
- in secondary schools, 2 trained Peer Leaders facilitate 8 x 40 minute sessions with groups of 8-10 students from the entry year group.

Support from the Education Consultant for your area includes:
- awareness raising with staff
- students talks
- meetings with executive staff
- parent community talks
- phone and email support
- quarterly e newsletters
- in school planning meetings.

*Conditions apply