

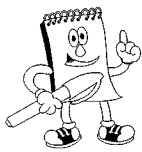


Session 1

Time to meet

Today the students in your group will

- ❖ meet all other group members and get to know a little about them
- ❖ find out why the school is running Peer Support



You will need

- ❖ Activity Sheet 1 - enlarged to A3 size, windows cut up
- ❖ Activity Sheet 2 - enlarged to A3 size
- ❖ name tags - one for each student, with their name on it
- ❖ glue
- ❖ chart paper - 2 sheets
- ❖ textas

Welcome

Sit the group in a circle. Introduce yourself to the group. Tell the group something about yourself.



"My name is I will be one of your Peer Support leaders and I have been at this school for years. I am here to help you in Peer Support. We will meet every week and have fun while we are learning together."

Your partner also introduces himself or herself.

Explain that today we are going to

- ❖ find out why we have Peer Support groups
- ❖ meet everyone in our group and find out something about them
- ❖ look at how we can work together happily



10 mins

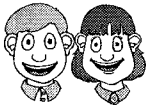
Activity 1 – Getting to know you

1. Give students their name tag, one by one. Say their name out loud as you do.
2. When everyone has their name tag, hand a window that has been cut out from Activity Sheet 1 to each student.



3. Explain that we are going to learn a little about everyone else by filling in the windows in the school building.
4. Both leaders fill in their windows first, talking out loud to the group.
5. Split the group into pairs - pairing older students with younger students, so that they can help them fill in their window. Give them 5 minutes to fill in their windows, and then bring them back to the group.
6. Ask each student to introduce their partner, telling the group what they learned. After they have introduced their partner, they glue their window onto Activity Sheet 2.

Let's chat



- ❖ Who has the biggest family?
- ❖ How many of us like the same games?
- ❖ Would anyone like to tell us something else?



10 mins

Activity 2 – About Peer Support

Tell the group that we are going to look at why we do Peer Support and make a list of what our group would like to learn.

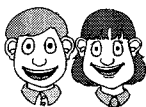


"Our school does Peer Support so that we can learn together and be happy at school and at home. Peer Support helps us to:

- ❖ *get on with other students*
- ❖ *have fun with students who are not in the same class*
- ❖ *look at how we can learn from others*
- ❖ *practise being safe and healthy*
- ❖ *ask for help when we need it."*

1. One leader gets the chart paper and texta to write down what the group would like to learn from Peer Support.

Let's chat



- ❖ Does anyone need to ask any questions about Peer Support?
- ❖ What do you think you can learn in Peer Support that will help you at school and home?

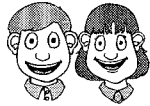


10 mins

Activity 3 – Getting it right

Tell the group that we need to set some agreements (rules) for how we are going to work together. One leader will ask the questions and the other will write down what the group suggests, for the last question.

Let's chat




- ❖ Who has played a game or a sport that has rules?
 - ❖ What are some of the rules?
 - ❖ Can you play games or sport without rules?
 - ❖ What will help us work together in Peer Support?
1. When the group has run out of ideas, ask them to think about what is on the list.
 2. Now ask them to choose the one they like the best.
 3. Ask each student which one they have chosen and put a mark next to it.
 4. The 3 with the most marks next to them will now be the group agreements.
 5. Ask the group to think about what they need to do to follow these agreements as well as they can.

Finishing Off

- ❖ Ask the students what they liked about Peer Support today
- ❖ How can we try to do our best over the next week?
- ❖ What can we tell our family about Peer Support today?
- ❖ Thank everyone for taking part today



Activity Sheet 1



Name: _____	Name: _____	Name: _____	Name: _____
Age: _____	Age: _____	Age: _____	Age: _____
Number in my family: _____	Number in my family: _____	Number in my family: _____	Number in my family: _____
My favourite game is: _____	My favourite game is: _____	My favourite game is: _____	My favourite game is: _____
My favourite food is: _____	My favourite food is: _____	My favourite food is: _____	My favourite food is: _____
Name: _____	Name: _____	Name: _____	Name: _____
Age: _____	Age: _____	Age: _____	Age: _____
Number in my family: _____	Number in my family: _____	Number in my family: _____	Number in my family: _____
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Name: _____	Name: _____	Name: _____	Name: _____
Age: _____	Age: _____	Age: _____	Age: _____
Number in my family: _____	Number in my family: _____	Number in my family: _____	Number in my family: _____
My favourite game is: _____	My favourite game is: _____	My favourite game is: _____	My favourite game is: _____
My favourite food is: _____	My favourite food is: _____	My favourite food is: _____	My favourite food is: _____



Activity Sheet 2

Peersville Primary School

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SAMPLE