



Implementation Workshop

Infosheet

Peer Support Australia is committed to helping schools develop safe and positive learning environments. To help achieve this through peer led education, Peer Support Australia offers a one day Implementation Workshop for primary and secondary teachers at various central locations.

The workshop provides an opportunity to investigate and develop an effective strategy, enabling young people to increasingly:

- take responsibility for their own wellbeing
- deal positively, proactively and resiliently with their life experiences
- be actively involved in and supported by their community.

The workshop includes...

- investigating a whole school approach to building and enhancing a positive school culture
- highlighting the key underpinnings and benefits of the program
- learning how to implement and coordinate an effective and integrated Peer Support Program using a model of best practice
- identifying links to curriculum, policy and other educational initiatives
- developing an action plan that will assist in the implementation of the Peer Support Program in your school context
- experiencing some of the student leadership training to support you to confidently train Peer leaders
- current leadership training notes
- networking and sharing ideas with others.



peer support australia

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Student leadership training notes include:

Teacher's Notes

These notes are for the teachers who will be training the students and detail all of the activities, debrief questions and resources required. Additional templates are also included. These are required for use by the group or facilitator such as scenarios, game cards, answer sheets.

35 mins

To split groups, give each student a number 1 or 2. Assign an action for each group.

eg
1- star jumps
2- kangaroo jumps

Students then move to a designated area while displaying their action.

eg Year 6

Highlights	Pressures
Responsibility in the school	Starting high school

Let them know
Explain that some of the things listed as highlights can also be pressures.

Let them know
Highlights and pressures can overlap. What may be a highlight for one person can be a pressure for another.

Peer Leader's Booklet

This is where students complete activities and record useful information. Included in the learning guide are additional notes to assist Peer leaders such as organisational information, an outline of their role and further group management strategies.

Being an effective leader

Assertiveness is communicating your ideas and feelings clearly and honestly. It means being confident enough to stand up for what you believe in while still respecting others.

An assertive leader ✓

<input type="checkbox"/> bosses others around	<input type="checkbox"/> says what they think
<input type="checkbox"/> is confident	<input type="checkbox"/> offers their thoughts
<input type="checkbox"/> speaks clearly	<input type="checkbox"/> asks questions
<input type="checkbox"/> respects others	<input type="checkbox"/> gives lots of feedback
	<input type="checkbox"/> does not let others have their say

The model which is most commonly used in schools involves:

- A 2 day training program for Peer leaders which addresses important life and facilitation skills such as communication, decision making, problem solving, assertiveness and empathy.
- In primary schools, Peer leaders facilitating multi aged groups of approximately 10 younger students .
- In secondary schools, Peer leaders facilitating groups of approximately 10 students from the entry year group.

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